



10th

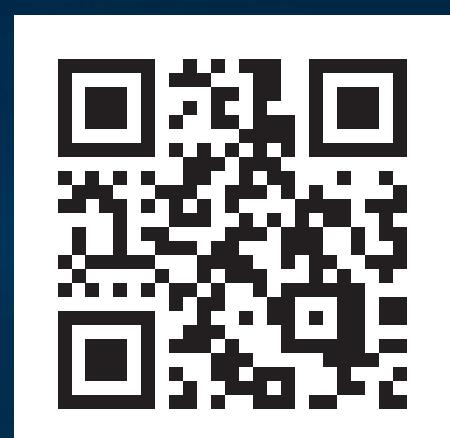
INTERNATIONAL TRAUMA CONGRESS

10th

13th - 15th
February
2026

Le Meridien Dubai Hotel

Agenda



 itcdubai.net

ITC 2026 Welcome



Bilal El-Yafawi
Conference President

It is a great pleasure to invite you to the 10th International Trauma Congress on the 13th-15th of February 2026, which will be held at Le Méridien Dubai Hotel, United Arab Emirates.

After 9 very rich and successful versions, ITC continues its mission to cover the most up-to-date scientific and technical aspects; our exciting program of presentations, instructional lectures, case discussions, and interactive sessions brought together an international congregation from the Middle East and beyond.

ITC 2025 has been attended by 1036 participants at the congress venue. In addition to 150 surgeons trained on cadavers, there were 10 cadaveric workshops. We also had the honor of hosting 42 international & regional speakers. The congress provided a global perspective to support a culture of excellence and best practices in trauma management.

ITC 2026 will bring top-notch international and regional experts in the field of orthopedic surgery. It will be a great opportunity for surgeons, researchers, nurses, and students to interact with peers and learn and benefit from the expertise of distinguished regional and international speakers.

ITC has always been the best exposure opportunity in the region for industry partners. It's the Congress that can't be in your 2026 plan.

Looking forward to your participation in ITC 2026!

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Deutsche Gesellschaft für
Orthopädie und Unfallchirurgie



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Program Sessions

At a Glance

CLICK ON A SESSION TO VIEW DETAILS

| | | | |
|---|-------------------|---------------|-------------------------------------|
| DAY 1 13 TH FEBRUARY | Session 1 | 09:00 - 10:30 | Knee Replacement |
| | Session 2 | 10:40 - 12:10 | Knee Trauma & Sport |
| | Session 3 | 14:10 - 16:25 | Shoulder & Elbow |
| | Session 4 | 16:35 - 18:15 | Shoulder & Elbow |
| DAY 2 14 TH FEBRUARY | Session 5 | 08:30 - 10:20 | Hip Fractures |
| | Session 6 | 10:30 - 12:55 | Periprosthetic Hip Fractures |
| | Session 7 | 13:55 - 16:20 | Cervical Spine |
| | Session 8 | 16:30 - 18:40 | Thoraco-Lumbar Spine |
| DAY 3 15 TH FEBRUARY | Session 9 | 08:30 - 10:26 | Pediatrics |
| | Session 10 | 10:40 - 13:05 | Hand & Wrist |
| | Session 11 | 14:00 - 15:22 | Physiotherapy |
| | Session 12 | 15:35 - 16:35 | Oral Abstract |



DAY 1

13th February 2026

08:30 09:00 Registration & Exhibition Opening

Knee Replacement

| Chairpersons | Dr. Nader Darwish - Dr. Oussama Chaar | |
|---------------|--|----------------------|
| 09:00 09:10 | Pearls of arthroscopic outside-in meniscal repair. | Dr. Ashraf Abdelkafy |
| 09:10 09:20 | Mechanical Vs Function Alignment in TKR, My Choice? | Dr. Sultan Shobaki |
| 09:20 09:30 | Robotic TKR ,How changed my practice? | Dr. Joseph Alsousou |
| 09:30 09:40 | Posterior Root of the Meniscus: diagnosis & Treatment. | Dr. Nader Darwish |
| 09:40 09:50 | Patella options, Resurface or not? | Dr. Oussama Chaar |
| 09:50 10:00 | Arthroscopic PCL reconstruction: How I do it. | Dr. Ashraf Abdelkafy |
| 10:00 10:10 | Revision TKR, How I restore Joint line? | Dr. Oussama Chaar |
| 10:10 10:20 | Case Discussion - Hoffa Fractures | Dr. Sultan Shobaki |
| 10:20 10:30 | Q&A | |
| 10:30 10:40 | Coffee Break | |

Knee Trauma & Sport**Chairpersons** Dr. Nader Darwish - Dr. Hayder Al Saadi

| | | |
|---------------|---|-----------------------|
| 10:40 10:50 | Tibial Plateau Fracture-Multiple Options for Complex Fractures? | Dr. Hayder Al Saadi |
| 10:50 11:00 | Hoffa Fractures, My Approach. | Dr. Sultan Shobaki |
| 11:00 11:10 | ACL Reconstruction, Hamstring Vs BTB, My Choice. | Dr. Ziyad El Qirem |
| 11:10 11:20 | Medial Menscal Root Repair, How & Why? | Dr. Ziyad El Qirem |
| 11:20 11:30 | Knee Dislocation, The safe Approach. | Dr. Sultan Shobaki |
| 11:30 11:40 | Patella In stability, When I will Interfer? | Dr. Robbert van Dijck |
| 11:40 11:50 | Treatment Options for Meniscal Tears. | Dr. Robbert van Dijck |
| 11:50 12:00 | Case Discussion-Multi Ligaments Knee Injury. | Dr. Robbert van Dijck |
| 12:00 12:10 | Q&A | |
| 12:10 14:10 | Lunch Break & Prayer Break | |

Shoulder & Elbow

Chairpersons Dr. Martin Jaeger - Dr. Sami Roukoz

| | | |
|---------------|---|------------------------|
| 14:10 14:20 | Nonoperative treatment - which fractures and how? | Dr. Harry Hoyer |
| 14:20 14:30 | Surgery: Treatment algorithm for young and elderly patients. | Dr. Sami Roukoz |
| 14:30 14:40 | ORIF plate: My 5 top tricks. | Dr. Ulrich Stöckle |
| 14:40 14:50 | ORIF nail: My 5 top tricks. | Dr. Harry Hoyer |
| 14:50 15:00 | Lesser tuberosities: How to fix best? | Dr. Abdelmagid Eltayeb |
| 15:00 15:10 | Greater tuberosities: How to fix best? | Dr. Martin Jaeger |
| 15:10 15:20 | Head-split fractures: My 5 top tricks. | Dr. Martin Jaeger |
| 15:20 15:30 | Fracture arthroplasty: Anatomic or reverse? | Dr. Martin Jaeger |
| 15:30 15:40 | RSA: My 5 top tricks. | Dr. Ashraf N. Moharram |
| 15:40 15:50 | How to deal with non-unions. | Dr. Sami Roukoz |
| 15:50 16:00 | Q&A | |
| 16:00 16:25 | Ortho House Industry Symposium - Distal radius fracture distal to the watershed line, How to Fix? | Dr. Mohammad Ali |
| 16:25 16:35 | Coffee Break | |

Shoulder & Elbow**Chairpersons** Dr. Martin Jaeger - Dr. Ziyad El Qirem

| | | |
|-----------------------|---|------------------------|
| 16:35 16:45 | Shoulder replacement: How do I choose my implant? | Dr. Ashraf N. Moharram |
| 16:45 16:55 | How to deal with glenoidal bone loss: why and how grafting. | Dr. Martin Jaeger |
| 16:55 17:05 | How to deal with glenoidal bone loss: why and how using an augment. | Dr. Harry Hoyer |
| 17:05 17:15 | Why is the prosthesis painful? | Dr. Abdelmagid Eltayeb |
| 17:15 17:25 | Periprosthetic Fractures: UCPF Classification explained - What do I consider? | Dr. Martin Jaeger |
| 17:25 17:35 | Periprosthetic Fractures: Humerus - Tips for Fixation. | Dr. Martin Jaeger |
| 17:35 17:45 | Periprosthetic Fractures: Humerus - Tips for Revision-Stem | Dr. Harry Hoyer |
| 17:45 17:55 | Periprosthetic Infection: How to manage. | Dr. Martin Jaeger |
| 17:55 18:05 | Tips in plate fixation for proximal humerus fracture. | Dr. Ziyad El Qirem |
| 18:05 18:15 | Case Discussion (Shoulder replacement). | Dr. Sami Roukoz |
| End of Day (1) | | |



DAY 2

14th February 2026

08:00 - 08:30 Registration & Exhibition Opening

Hip Fractures

| Chairpersons | Dr. Peter Giannoudis - Dr. Osama Farouk | |
|---------------|--|-------------------------|
| 08:30 08:40 | Intra-capsular NOF fractures in young adults: Cannulated screws or modern plate osteosynthesis? | Dr. Osama Farouk |
| 08:40 08:50 | Intra-capsular NOF fractures in the elderly: Hemiarthroplasty or bipolar? | Dr. Ulrich Stöeckle |
| 08:50 09:00 | Intra-capsular NOF fractures in the elderly: My indications for THR and tips to avoid perioperative complications. | Dr. Mahmoud Abdel Karim |
| 09:00 09:10 | Combined Femoral head and neck fractures: My preferred method of treatment? | Dr. Mahmoud Abdel Karim |
| 09:10 09:20 | 4-part intertrochanteric fractures: Is IM nailing still the choice of treatment? | Dr. Osama Farouk |
| 09:20 09:30 | Causes of failure of fixation of subtrochanteric fractures? | Dr. Peter Giannoudis |
| 09:30 09:40 | Treatment of intracapsular neck of femur non-union. | Dr. Osama Farouk |
| 09:40 09:50 | Management of subtrochanteric non-union: My preferred method of treatment. | Dr. Peter Giannoudis |
| 09:50 10:00 | Incidence and management of femoral head AVN following proximal femoral fractures. | Dr. Peter Giannoudis |
| 10:00 10:10 | How to deal with failed fracture around the hip | Dr. Oussama Chaar |
| 10:10 10:20 | Q&A | |
| 10:20 10:30 | Coffee Break | |

Periprosthetic Hip Fractures

| Chairpersons | Dr. Peter Giannoudis - Dr.Mahmoud Abdel Karim | |
|---------------|--|-------------------------|
| 10:30 10:40 | Periprosthetic Acetabulum fractures: Risk factors and techniques of reconstruction. | Dr. Ulrich Stöeckle |
| 10:40 10:50 | Principles of Internal Fixation and Selection of Implants around THA. | Dr. Mahmoud Abdel Karim |
| 10:50 11:00 | Cemented Revision THA for the Treatment of PFF: Indications, Technique-clinical results. | Dr. Sheik Hussain |
| 11:00 11:10 | Uncemented Revision THA for the Treatment of PFF: Indications, Technique-clinical results. | Dr. Sheik Hussain |
| 11:10 11:20 | Proximal Allograft or Implant Replacement for Severe B3 Fractures. | Dr. Sheik Hussain |
| 11:20 11:30 | Interprosthetic fractures: Modern Management. | Dr. Peter Giannoudis |
| 11:30 11:40 | Interprosthetic non-union: Techniques and results of treatment. | Dr. Peter Giannoudis |
| 11:40 11:50 | Redefining the safe zone: Spinopelvic Dynamics in Total hip Arthroplasty. | Dr. Owayed Almutairi |
| 11:50 12:00 | Q&A | |
| 12:00 12:30 | Innovations in Peripheral Nerve Surgery for the Management of Neuropathic Pain. | Dr. Kyle Eberlin |
| 12:30 12:55 | AMGEN industry symposium: Osteoporosis, what if not? | Dr. Mohammad Khattab |
| 12:55 13:55 | Lunch Break | |

Cervical Spine

| Chairpersons | Dr. Tony Tannoury - Dr. Sami Aleissa | |
|---------------|--|------------------------|
| 13:55 14:15 | Panel Analyzing Cervical injuries: mechanism, severity and therapy. | All faculty |
| 14:15 14:25 | Updates on Medical therapies Spinal Cord Injuries. | Dr. Waseem Aziz |
| 14:25 14:35 | How fast we need to take the spinal cord injury patients to operating room? | Dr. Sami Aleissa |
| 14:35 14:45 | Spinal Cord Syndrome & Myelopathy: The Chicken and the Egg story. | Dr. Sameh Abolfotouh |
| 14:45 14:55 | OPLL, how it dictates therapeutic options. | Dr. Omar Alnori |
| 14:55 15:05 | Multiple level stenosis, anterior vs posterior. | Dr. Asaad Sharafelddin |
| 15:05 15:15 | Facet fractures and/Or dislocations: How & When to reduce and surgical treatment. | Dr. Tony Tannoury |
| 15:15 15:25 | Modalities of treatment of odontoid fractures. | Dr. Hazem Farid |
| 15:25 15:35 | Case Discussion 1 | Dr. Tony Tannoury |
| 15:35 15:45 | Case Discussion 2 | Dr. Asaad Sharafelddin |
| 15:45 15:55 | Q&A | |
| 15:55 16:20 | Ortho House Industry Symposium: Leading the Future? The Real Impact of AI on Trauma Surgery | Dr. Mohamed Imam |
| 16:20 16:30 | Coffee Break | |

Thoraco-Lumbar Spine**Chairpersons** Dr. Sameh Abolfotouh - Dr. Abdulrazzaq Alobaid

| | | |
|-----------------------|--|-------------------------|
| 16:30 16:40 | Principles of short segment Fixation for burst fracture. | Dr. Abdulrazzaq Alobaid |
| 16:40 16:50 | Burst fractures: Principles of fracture reduction and stabilization. | Dr. Joseph El Khalil |
| 16:50 17:00 | Management of post Traumatic kyphosis. | Dr. Sameh Abolfotouh |
| 17:00 17:10 | Endoscopic option for traumatic conditions. | Dr. Muzahim Taha |
| 17:10 17:20 | Is MIS a good option for Traumatic condition. | Dr. Tony Tannoury |
| 17:20 17:30 | Spino-Pelvic injuries: Nuances in management. | Dr. Sami Aleissa |
| 17:30 17:40 | Fragility fractures: cementoplasties, when and how. | Dr. Abdulrazzaq Alobaid |
| 17:40 18:00 | Spinal Biomechanics with fun. | All faculty |
| 18:00 18:10 | Case Discussion 1 | Dr. Tony Tannoury |
| 18:10 18:20 | Case Discussion 2 | Dr. Sami Aleissa |
| 18:20 18:30 | Case Discussion 3 | Dr. Tony Tannoury |
| 18:30 18:40 | Q&A | |
| End of Day (2) | | |



DAY 3

15th February 2026

08:00 - 08:30 Registration & Exhibition Opening

Pediatrics

| Chairperson | Dr. Theddy Slongo | |
|---------------|---|---------------------|
| 08:30 08:42 | Fenesyration technique for dead bones and bone graft. | Dr. Sattar Alshryda |
| 08:42 08:54 | what I would like: what would be the most adequate treatment for femur Fracture. | Dr. Zaid Al Aubaidi |
| 08:54 09:06 | Modern concept for the treatment of femoral neck fractures to avoid AVN. | Dr. Theddy Slongo |
| 09:06 09:18 | Pediatric Abstract - Growth plate at risk: management of pediatric radial head fractures. | Dr. Khaled Hussein |
| 09:18 09:30 | what I would like: distal radial fractures; to pin or not to pin? | Dr. Zaid Al Aubaidi |
| 09:30 09:42 | How and when to manage neglect Monteggia Lesions? | Dr. Theddy Slongo |
| 09:42 09:54 | Common Pitfall in treating children Fractures. | Dr. Sattar Alshryda |
| 09:54 10:06 | How to manage difficult and complex supracondylar humerus fractures? | Dr. Theddy Slongo |
| 10:06 10:16 | Case Discussion | |
| 10:16 10:26 | Q&A | |
| 10:26 10:40 | Coffee Break | |

Hand & Wrist

| Chairperson | Dr. Ashraf N. Moharram - Dr. Owayed Almutairi | |
|---------------|--|------------------------------|
| 10:40 10:50 | Decision making in Distal Radius fractures. | Dr. Ahmed Afifi |
| 10:50 11:00 | Pinning of Distal Radial fracture: What you need to know. | Dr. Sami Roukoz |
| 11:00 11:10 | Volar Plating of Distal Radius: tips & tricks. | Dr. Sami Roukoz |
| 11:10 11:20 | Distal Radial fracture: Beyond Volar plating. | Dr. Ayman Mansour |
| 11:20 11:30 | Distal Radial fractures in Osteoporotic Bone: the challenge. | Dr. Ashraf N. Moharram |
| 11:30 11:40 | Malunion Distal Radius. | Dr. Sherif Ban |
| 11:40 11:50 | Management of Common Complications of Distal Radial fractures. | Dr. Ayman Mansour |
| 11:50 12:00 | Distal Ulnar & DRUJ injuries-evidence based. | Dr. Ayman Mansour |
| 12:00 12:10 | Scaphoid Fractures: Decision Making. | Dr. Ashraf N. Moharram |
| 12:10 12:20 | Scaphoid Nonunion: treatment Strategies. | Dr. Sherif Ban |
| 12:20 12:30 | DRUJ Instability After Wrist Trauma: Diagnosis and Treatment. | Dr. Owayed Almutairi |
| 12:30 12:40 | Q&A | |
| 12:40 13:05 | Ortho House industry symposium: Simplifying osteotomies Enhancing Precision and Safety | Dr. Cristiano Hossri Ribeiro |
| 13:05 14:00 | Lunch Break | |

Physiotherapy

| Chairpersons | Dr. Mourad Ghairi - Dr. Abdulla Alrahoomi | |
|---------------|---|---------------------------|
| 14:00 14:12 | Post-Operative Physiotherapy Strategies for Polytrauma with Multiple Bone Surgeries | Dr. Wasim Labban |
| 14:12 14:24 | Post-Operative Shoulder Rehabilitation After Rotator Cuff Repair | Dr. Abdulla Alrahoomi |
| 14:24 14:36 | Physiotherapy Protocols Following Lumbar Spine Surgery | TBA |
| 14:36 14:48 | Physiotherapy and Return-to-Sport Strategies Following Achilles Tendon Surgery | Dr. Mourad Jelassi |
| 14:48 15:00 | Rehabilitation Approaches After Muscle Surgery in Athletes | Dr. Mohamed Elbadawy |
| 15:00 15:12 | Return-to-Play Guidelines After ACL Reconstruction | Ms. Esther Esteban Garcia |
| 15:12 15:22 | Q&A | |
| 15:22 15:35 | Coffee Break | |

Oral Abstract

| Oral Abstract | | |
|---------------|--|--|
| 15:35 15:45 | Hip Abstract - How important is column stability and fixation prior to THA in acute acetabular fractures? An International multicentrestudy comparing outcomes | Dr. Mark Rickman, Australia |
| 15:45 15:55 | Sports medicine Abstract - Horse-Related Injury Patterns: A Retrospective Cohort Study | Dr. Sood Alsairefi, Kuwait |
| 15:55 16:05 | Sports medicine Abstract - Arthroscopically assisted tibio-talar-calcaneal fusion for ankle fractures in the geriatric population -long-term outcomes | Dr. Paschalis Papanikolaou Greece |
| 16:05 16:15 | Sports medicine Abstract - Endoscopic flexor hallucis longus transfer as a treatment for acute Achilles tendon rupture: Our 10 years of experience | Dr. Paschalis Papanikolaou Greece |
| 16:15 16:25 | The spectrum of injuries involving E-scooters: insights from a trauma centre in Abu Dhabi, United Arab Emirates. | Dr. Safielrahmman Elawaddlly, Dr. Neev Trehan, Dr. Haitham Elawaddly, Dr. Hayder Al Hadi, Dr. Shahin Mohsini, Dr. Ravi Trehan |
| 16:25 16:35 | Q&A | |



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Email: info@blueocean-me.com
Landline: +971 50 3580900