



10th

INTERNATIONAL TRAUMA CONGRESS

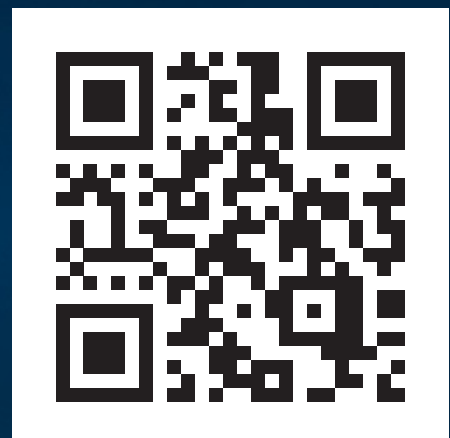


13th – 15th

February
2026

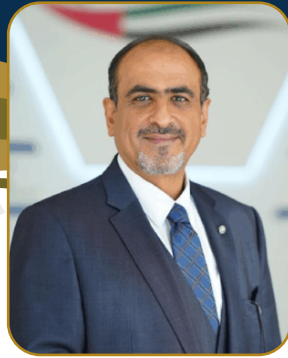
📍 Le Meridien Dubai Hotel

Agenda



🌐 itcdubai.net

ITC 2026 Welcome



Bilal El-Yafawi

Conference President

It is a great pleasure to invite you to the 10th International Trauma Congress on the 13th-15th of February 2026, which will be held at Le Méridien Dubai Hotel, United Arab Emirates.

After 9 very rich and successful versions, ITC continues its mission to cover the most up-to-date scientific and technical aspects; our exciting program of presentations, instructional lectures, case discussions, and interactive sessions brought together an international congregation from the Middle East and beyond.

ITC 2025 has been attended by 1036 participants at the congress venue. In addition to 150 surgeons trained on cadavers, there were 10 cadaveric workshops. We also had the honor of hosting 42 international & regional speakers. The congress provided a global perspective to support a culture of excellence and best practices in trauma management.

ITC 2026 will bring top-notch international and regional experts in the field of orthopedic surgery. It will be a great opportunity for surgeons, researchers, nurses, and students to interact with peers and learn and benefit from the expertise of distinguished regional and international speakers.

ITC has always been the best exposure opportunity in the region for industry partners. It's the Congress that can't be in your 2026 plan.

Looking forward to your participation in ITC 2026!

In Collaboration with



Deutsche Gesellschaft für
Orthopädie und Unfallchirurgie



Program Sessions

At a Glance

CLICK ON A SESSION TO VIEW DETAILS



DAY 1 13 TH FEBRUARY	Session 1	09:00 - 10:30	Knee Replacement
	Session 2	10:40 - 12:10	Knee Trauma & Sport
	Session 3	14:10 - 16:25	Shoulder & Elbow
	Session 4	16:35 - 18:15	Shoulder & Elbow
DAY 2 14 TH FEBRUARY	Session 5	08:30 - 10:20	Hip Fractures
	Session 6	10:30 - 12:55	Periprosthetic Hip Fractures
	Session 7	13:55 - 16:20	Cervical Spine
	Session 8	16:30 - 18:40	Thoraco-Lumbar Spine
DAY 3 15 TH FEBRUARY	Session 9	08:30 - 10:26	Pediatrics
	Session 10	10:40 - 13:05	Hand & Wrist
	Session 11	14:00 - 15:22	Physiotherapy
	Session 12	15:35 - 16:35	Oral Abstract



DAY 1

13th February 2026

08:30 09:00 Registration & Exhibition Opening

Knee Replacement

Chairpersons		Dr. Nader Darwish - Dr. Oussama Chaar	
09:00	09:10	Pearls of arthroscopic outside-in meniscal repair.	Dr. Ashraf Abdelkafy
09:10	09:20	Mechanical Vs Functionl Alignment in TKR, My Choice?	Dr. Sultan Shobaki
09:20	09:30	Robotic TKR ,How changed my practice?	Dr. Joseph Alsousou
09:30	09:40	Posterior Root of the Meniscus: diagnosis & Treatment.	Dr. Nader Darwish
09:40	09:50	Patella options, Resurface or not?	Dr. Oussama Chaar
09:50	10:00	Arthroscopic PCL reconstruction: How I do it.	Dr. Ashraf Abdelkafy
10:00	10:10	Revision TKR, How I restore Joint line?	Dr. Oussama Chaar
10:10	10:20	Case Discussion - Hoffa Fractures	Dr. Sultan Shobaki
10:20	10:30	Q&A	
10:30	10:40	Coffee Break	

Knee Trauma & Sport

Chairpersons		Dr. Nader Darwish - Dr. Hayder Al Saadi	
10:40	10:50	Tibial Plateau Fracture-Multiple Options for Complex Fractures?	Dr. Hayder Al Saadi
10:50	11:00	Hoffa Fractures, My Approach.	Dr. Sultan Shobaki
11:00	11:10	ACL Reconstruction, Hamstring Vs BTB, My Choice.	Dr. Ziyad El Qirem
11:10	11:20	Medial Menscal Root Repair, How & Why?	Dr. Ziyad El Qirem
11:20	11:30	Knee Dislocation, The safe Approach.	Dr. Sultan Shobaki
11:30	11:40	Patella In stability, When I will Interfer?	Dr. Robbert van Dijck
11:40	11:50	Treatment Options for Meniscal Tears.	Dr. Robbert van Dijck
11:50	12:00	Case Discussion-Multi Ligaments Knee Injury.	Dr. Robbert van Dijck
12:00	12:10	Q&A	
12:10	14:10	Lunch Break & Prayer Break	

Shoulder & Elbow

Chairpersons		Dr. Martin Jaeger - Dr. Sami Roukoz	
14:10	14:20	Nonoperative treatment - which fractures and how?	Dr. Harry Hoyer
14:20	14:30	Surgery: Treatment algorithm for young and elderly patients.	Dr. Sami Roukoz
14:30	14:40	ORIF plate: My 5 top tricks.	Dr. Ulrich Stöckle
14:40	14:50	ORIF nail: My 5 top tricks.	Dr. Harry Hoyer
14:50	15:00	Lesser tuberosities: How to fix best?	Dr. Abdelmagid Eltayeb
15:00	15:10	Greater tuberosities: How to fix best?	Dr. Martin Jaeger
15:10	15:20	Head-split fractures: My 5 top tricks.	Dr. Martin Jaeger
15:20	15:30	Fracture arthroplasty: Anatomic or reverse?	Dr. Martin Jaeger
15:30	15:40	RSA: My 5 top tricks.	Dr. Ashraf N. Moharram
15:40	15:50	How to deal with non-unions.	Dr. Sami Roukoz
15:50	16:00	Q&A	
16:00	16:25	Ortho House Industry Symposium - Distal radius fracture distal to the watershed line, How to Fix?	Dr. Mohammad Ali
16:25	16:35	Coffee Break	

Shoulder & Elbow

Chairpersons Dr. Martin Jaeger - Dr. Ziyad El Qirem			
16:35	16:45	Shoulder replacement: How do I choose my implant?	Dr. Ashraf N. Moharram
16:45	16:55	How to deal with glenoidal bone loss: why and how grafting.	Dr. Martin Jaeger
16:55	17:05	How to deal with glenoidal bone loss: why and how using an augment.	Dr. Harry Hoyer
17:05	17:15	Why is the prosthesis painful?	Dr. Abdelmagid Eltayeb
17:15	17:25	Periprosthetic Fractures: UCPF Classification explained - What do I consider?	Dr. Martin Jaeger
17:25	17:35	Periprosthetic Fractures: Humerus - Tips for Fixation.	Dr. Martin Jaeger
17:35	17:45	Periprosthetic Fractures: Humerus - Tips for Revision-Stem	Dr. Harry Hoyer
17:45	17:55	Periprosthetic Infection: How to manage.	Dr. Martin Jaeger
17:55	18:05	Tips in plate fixation for proximal humerus fracture.	Dr. Ziyad El Qirem
18:05	18:15	Case Discussion (Shoulder replacement).	Dr. Sami Roukoz
End of Day (1)			



DAY 2

14th February 2026

08:00 - 08:30 Registration & Exhibition Opening

Hip Fractures

Chairpersons		Dr. Peter Giannoudis - Dr. Osama Farouk	
08:30	08:40	Intra-capsular NOF fractures in young adults: Cannulated screws or modern plate osteosynthesis?	Dr. Osama Farouk
08:40	08:50	Intra-capsular NOF fractures in the elderly: Hemiarthroplasty or bipolar?	Dr. Ulrich Stöckle
08:50	09:00	Intra-capsular NOF fractures in the elderly: My indications for THR and tips to avoid perioperative complications.	Dr. Mahmoud Abdel Karim
09:00	09:10	Combined Femoral head and neck fractures: My preferred method of treatment?	Dr. Mahmoud Abdel Karim
09:10	09:20	4-part intertrochanteric fractures: Is IM nailing still the choice of treatment?	Dr. Osama Farouk
09:20	09:30	Causes of failure of fixation of subtrochanteric fractures?	Dr. Peter Giannoudis
09:30	09:40	Treatment of intracapsular neck of femur non-union.	Dr. Osama Farouk
09:40	09:50	Management of subtrochanteric non-union: My preferred method of treatment.	Dr. Peter Giannoudis
09:50	10:00	Incidence and management of femoral head AVN following proximal femoral fractures.	Dr. Peter Giannoudis
10:00	10:10	How to deal with failed fracture around the hip	Dr. Oussama Chaar
10:10	10:20	Q&A	
10:20	10:30	Coffee Break	

Periprosthetic Hip Fractures

Chairpersons		Dr. Peter Giannoudis - Dr.Mahmoud Abdel Karim	
10:30	10:40	Periprosthetic Acetabulum fractures: Risk factors and techniques of reconstruction.	Dr. Ulrich Stöeckle
10:40	10:50	Principles of Internal Fixation and Selection of Implants around THA.	Dr. Mahmoud Abdel Karim
10:50	11:00	Cemented Revision THA for the Treatment of PFF: Indications, Technique-clinical results.	Dr. Sheik Hussain
11:00	11:10	Uncemented Revision THA for the Treatment of PFF: Indications, Technique-clinical results.	Dr. Sheik Hussain
11:10	11:20	Proximal Allograft or Implant Replacement for Severe B3 Fractures.	Dr. Sheik Hussain
11:20	11:30	Interprosthetic fractures: Modern Management.	Dr. Peter Giannoudis
11:30	11:40	Interprosthetic non-union: Techniques and results of treatment.	Dr. Peter Giannoudis
11:40	11:50	Redefining the safe zone: Spinopelvic Dynamics in Total hip Arthroplasty.	Dr. Owayed Almutairi
11:50	12:00	Q&A	
12:00	12:30	Innovations in Peripheral Nerve Surgery for the Management of Neuropathic Pain.	Dr. Kyle Eberlin
12:30	12:55	AMGEN industry symposium: Osteoporosis, what if not?	Dr. Mohammad Khattab
12:55	13:55	Lunch Break	

Cervical Spine

Chairpersons		Dr. Tony Tannoury - Dr. Sami Aleissa	
13:55	14:15	Panel Analyzing Cervical injuries: mechanism, severity and therapy.	All faculty
14:15	14:25	Updates on Medical therapies Spinal Cord Injuries.	Dr. Waseem Aziz
14:25	14:35	How fast we need to take the spinal cord injury patients to operating room?	Dr. Sami Aleissa
14:35	14:45	Spinal Cord Syndrome & Myelopathy: The Chicken and the Egg story.	Dr. Sameh Abolfotouh
14:45	14:55	OPLL, how it dictates therapeutic options.	Dr. Omar Alnori
14:55	15:05	Multiple level stenosis, anterior vs posterior.	Dr. Asaad Sharafelddin
15:05	15:15	Facet fractures and/Or dislocations: How & When to reduce and surgical treatment.	Dr. Tony Tannoury
15:15	15:25	Modalities of treatment of odontoid fractures.	Dr. Hazem Farid
15:25	15:35	Case Discussion 1	Dr. Tony Tannoury
15:35	15:45	Case Discussion 2	Dr. Asaad Sharafelddin
15:45	15:55	Q&A	
15:55	16:20	Ortho House Industry Symposium: Leading the Future? The Real Impact of AI on Trauma Surgery	Dr. Mohamed Imam
16:20	16:30	Coffee Break	

Thoraco-Lumbar Spine

Chairpersons Dr. Sameh Abolfotouh - Dr. Abdulrazzaq Alobaid			
16:30	16:40	Principles of short segment Fixation for burst fracture.	Dr. Abdulrazzaq Alobaid
16:40	16:50	Burst fractures: Principles of fracture reduction and stabilization.	Dr. Joseph El Khalil
16:50	17:00	Management of post Traumatic kyphosis.	Dr. Sameh Abolfotouh
17:00	17:10	Endoscopic option for traumatic conditions.	Dr. Muzahim Taha
17:10	17:20	Is MIS a good option for Traumatic condition.	Dr. Tony Tannoury
17:20	17:30	Spino-Pelvic injuries: Nuances in management.	Dr. Sami Aleissa
17:30	17:40	Fragility fractures: cementoplasties, when and how.	Dr. Abdulrazzaq Alobaid
17:40	18:00	Spinal Biomechanics with fun.	All faculty
18:00	18:10	Case Discussion 1	Dr. Tony Tannoury
18:10	18:20	Case Discussion 2	Dr. Sami Aleissa
18:20	18:30	Case Discussion 3	Dr. Tony Tannoury
18:30	18:40	Q&A	
End of Day (2)			



DAY 3

15th February 2026

08:00 - 08:30 Registration & Exhibition Opening

Pediatrics

Chairperson		Dr. Theddy Slongo	
08:30	08:42	Fenesyration technique for dead bones and bone graft.	Dr. Sattar Alshryda
08:42	08:54	what I would like: what would be the most adequate treatment for femur Fracture.	Dr. Zaid Al Aubaidi
08:54	09:06	Modern concept for the treatment of femoral neck fractures to avoid AVN.	Dr. Theddy Slongo
09:06	09:18	Pediatric Abstract - Growth plate at risk: management of pediatric radial head fractures.	Dr. Khaled Hussein
09:18	09:30	what I would like: distal radial fractures; to pin or not to pin?	Dr. Zaid Al Aubaidi
09:30	09:42	How and when to manage neglect Monteggia Lesions?	Dr. Theddy Slongo
09:42	09:54	Common Pitfall in treating children Fractures.	Dr. Sattar Alshryda
09:54	10:06	How to manage difficult and complex supracondylar humerus fractures?	Dr. Theddy Slongo
10:06	10:16	Case Discussion	
10:16	10:26	Q&A	
10:26	10:40	Coffee Break	

Hand & Wrist

Chairperson		Dr. Ashraf N. Moharram - Dr. Owayed Almutairi	
10:40	10:50	Decision making in Distal Radius fractures.	Dr. Ahmed Afifi
10:50	11:00	Pinning of Distal Radial fracture: What you need to know.	Dr. Sami Roukoz
11:00	11:10	Volar Plating of Distal Radius: tips & tricks.	Dr. Sami Roukoz
11:10	11:20	Distal Radial fracture: Beyond Volar plating.	Dr. Ayman Mansour
11:20	11:30	Distal Radial fractures in Osteoporotic Bone: the challenge.	Dr. Ashraf N. Moharram
11:30	11:40	Malunion Distal Radius.	Dr. Sherif Ban
11:40	11:50	Management of Common Complications of Distal Radial fractures.	Dr. Ayman Mansour
11:50	12:00	Distal Ulnar & DRUJ injuries-evidence based.	Dr. Ayman Mansour
12:00	12:10	Scaphoid Fractures: Decision Making.	Dr. Ashraf N. Moharram
12:10	12:20	Scaphoid Nonunion: treatment Strategies.	Dr. Sherif Ban
12:20	12:30	DRUJ Instability After Wrist Trauma: Diagnosis and Treatment.	Dr. Owayed Almutairi
12:30	12:40	Q&A	
12:40	13:05	Ortho House industry symposium: Simplifying osteotomies Enhancing Precision and Safety.	Dr. Cristiano Hossri Ribeiro
13:05	14:00	Lunch Break	

Physiotherapy

Chairpersons		Dr. Mourad Ghrairi - Dr. Abdulla Alrahoomi	
14:00	14:12	Post-Operative Physiotherapy Strategies for Polytrauma with Multiple Bone Surgeries.	Dr. Wasim Labban
14:12	14:24	Post-Operative Shoulder Rehabilitation After Rotator Cuff Repair.	Dr. Abdulla Alrahoomi
14:24	14:36	Physiotherapy Protocols Following Lumbar Spine Surgery.	Dr. Tamer Shousha
14:36	14:48	Physiotherapy and Return-to-Sport Strategies Following Achilles Tendon Surgery.	Dr. Mourad Jelassi
14:48	15:00	Rehabilitation Approaches After Muscle Surgery in Athletes.	Dr. Mohamed Elbadawy
15:00	15:12	Return-to-Play Guidelines After ACL Reconstruction.	Ms. Esther Esteban Garcia
15:12	15:22	Q&A	
15:22	15:35	Coffee Break	

Oral Abstract

15:35	15:45	Hip Abstract - How important is column stability and fixation prior to THA in acute acetabular fractures? An International multicentrestudy comparing outcomes.	Dr. Mark Rickman, <i>Australia</i>
15:45	15:55	Sports medicine Abstract - Horse-Related Injury Patterns: A Retrospective Cohort Study.	Dr. Sood Alsairefi, <i>Kuwait</i>
15:55	16:05	Sports medicine Abstract - Arthroscopically assisted tibio-talar-calcaneal fusion for ankle fractures in the geriatric population -long-term outcomes.	Dr. Paschalis Papanikolaou <i>Greece</i>
16:05	16:15	Sports medicine Abstract - Endoscopic flexor hallucis longus transfer as a treatment for acute Achilles tendon rupture: Our 10 years of experience.	Dr. Paschalis Papanikolaou <i>Greece</i>
16:15	16:25	The spectrum of injuries involving E-scooters: insights from a trauma centre in Abu Dhabi, United Arab Emirates.	Dr. Safielrahmman Elawaddly, Dr. Neev Trehan, Dr. Haitham Elawaddly, Dr. Hayder Al Hadi, Dr. Shahin Mohsini, Dr. Ravi Trehan
16:25	16:35	Q&A	

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